

**Table 14 - Price Comparison of 244 Food Products in the villages of Nunavik**

Main Food Product Categories Secondary Food Product Categories Characteristics of Products	Inukjuak	Kangiqsuajujaq	Kangirsuk	Kangirsujuq	Kuujuq	Kuujuaraapik	Puvirnituq	Salluit	Umiujaq	Other Villages <sup>1</sup>	Average Village Price
	<b>1 - Meat - Fresh or Frozen</b>										
<b>Beef</b>											
Beef eye of round roast (Kg)					13,29						13,29
Lean ground beef "Family format" (Kg)					4,79						4,79
Lean ground beef (Kg)	7,62	7,92	8,87	7,61	8,25	7,80	7,62	7,62	7,77	7,79	7,89
T-bone steak (Kg)	26,76	27,17	27,61	26,80	13,69	24,31	27,59	26,24	26,55	26,34	25,30
<b>Chicken</b>											
Chicken breast boneless skinless (Kg)	15,32		13,92	14,39	16,99	16,00					15,32
Chicken drumsticks (Kg)		6,38	8,99		5,85	6,65	6,40	6,36	7,16	6,24	6,75
Chicken legs back on (Kg)		5,23			6,20				6,16	7,43	6,25
Chicken thighs (Kg)	6,36	6,49	6,49	8,02	6,36	6,36	6,36	7,17	6,35	6,36	6,63
Chicken whole grade "A" (Kg)	7,37	7,37	7,05	6,68	6,39	6,68	7,19	6,38	7,37	7,37	6,98
<b>Pork</b>											
Pork butt (Kg)	9,17	9,17			7,39	14,00	9,17	9,17	9,17	9,17	9,55
Pork loin chops (Kg)		11,05	13,50		12,01				11,57	12,81	12,18
<b>2 - Fresh Fruit</b>											
<b>Apples</b>											
Granny Smith (Kg)		4,07		3,83	3,58		3,35	4,99		3,00	3,80
MacIntosh (Kg)	3,32	2,44	2,85		3,14	2,05	3,45	2,03		2,69	2,75
Red Delicious (Kg)	3,77	3,91	4,99	4,48	3,89		3,34	3,34		3,52	3,90
<b>Bananas</b>											
Dole (Kg)	2,07	3,79	2,16	3,38	2,98	4,18	2,04	2,00	2,27	2,92	2,78
<b>Grapes</b>											
Green - seedless (Kg)	8,56	9,28		12,78	9,06		7,28	8,39			9,23
Green - with seeds (Kg)			12,60		8,57	10,28			9,50	9,56	10,10
Red - seedless (Kg)		5,67			3,38						4,53
Red - with seeds (Kg)	6,48	6,79	6,98			7,93	6,23	6,73	6,95	5,62	6,72
<b>Oranges</b>											
Oranges - Clementine (Kg)			7,18		5,43	5,99	5,18		3,85		5,53
Oranges - Tangerine (Kg)							5,19				5,19
Oranges (Kg)	3,80	2,57	4,27	4,00	3,35	3,76	3,30	3,07	2,39	2,90	3,34
<b>Other Fruits</b>											
Kiwis (Kg)	5,83	4,90	6,50	5,83	10,38	6,18	6,50	6,32	6,32	6,23	6,50
Plums (Kg)		3,79									3,79
Watermelon (Kg)						3,98			4,47	2,05	3,50

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	<b>3 - Fresh vegetables</b>										
<b>Carrots</b>											
Bag (2 lbs)	2,97	2,47		2,89	1,66	2,19	1,68		2,56	1,12	2,19
Bag (5 lbs)	1,79		1,92	1,66			1,66			1,66	1,74
Mini-Carrots (454 g)	2,37	3,97	2,25	2,77	2,25	2,37	2,37	2,25		2,32	2,55
<b>Celery</b>											
Stalk (1 stalk)	2,23	2,30	2,60		2,21		2,40	2,92		1,61	2,32
<b>Green Cabbage</b>											
(Kg)	0,90	2,97	2,69	2,82	3,38	3,44	1,57	1,05		1,04	2,21
<b>Green Peppers</b>											
(Kg)	6,26	4,29		8,41	5,04	3,32	5,56	4,97	6,79		5,58
<b>Lettuce</b>											
Iceberg (1)	3,19	2,50	2,13	2,06	1,64	1,56	1,98	1,13	1,99	1,43	1,96
<b>White onions</b>											
Bag (2 lbs)	1,68	1,61	1,62	1,82	1,81	1,92	1,65	1,37	1,10	1,04	1,56
Bag (5 lbs)	1,79	1,79	1,79	1,79	1,79	1,79	1,79	1,79		1,79	1,79
<b>White Potatoes</b>											
Bag (10 lbs)	7,35	6,91	5,95	6,91	7,32	9,44	6,91	6,91	6,91	6,86	7,15
Bag (5 lbs)	4,35	5,63	3,34	3,80	3,99	4,35	4,75	4,55	3,99	3,57	4,23

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<b>4 - Dairy products and eggs</b>											
<b>Butter</b>											
Dallaire (454 g)	4,29			4,30		3,75		4,99		6,05	4,68
Econochoice (454 g)			3,89								3,89
Lakeland (454 g)					2,49						2,49
Multichoix (454 g)	5,43	5,43			5,43		5,43	5,43		5,43	5,43
Northern (454 g)	3,99	3,75	4,99	4,09	3,99	3,65	4,59	4,89	4,59		4,28
Pur Délice (454 g)	5,66	5,66	5,66	5,66	5,66		5,66		5,66	5,63	5,66
Zel (454 g)					3,98						3,98
<b>Eggs</b>											
Avibro - Large brown eggs (1 dozen)										3,39	3,39
Northern - Large (1 dozen)	3,19	3,25	2,99	3,29	2,59	2,59	3,09	2,99	3,05		3,00
Northern - Medium (1 dozen)		3,05			2,59	2,50		2,59			2,68
Nutri Œuf - Large (1 dozen)	3,14	3,14	3,39		3,04	2,79	3,14	3,14	3,14	3,24	3,13
Nutri Œuf - Large Brown (1 dozen)							3,39			3,39	3,39
Nutri Œuf - Medium (1 dozen)	2,95	2,95		2,95	3,14	2,55	2,95	2,95	2,95	3,01	2,93
Œufs D'or - Large Brown Eggs (1 dozen)	3,29										3,29
<b>Evaporated Milk</b>											
Carnation (385 ml)	1,90	1,98	1,94	1,64	2,02	1,71	1,94	1,99	2,08	1,94	1,91
Carnation (case) (12 x 385 ml)		21,99	22,72		21,48	20,28			24,96	23,04	22,41
<b>Margarine</b>											
Becel (454 g)	4,75			2,79	2,87	3,69	4,19	3,77			3,68
Golden Girl (454 g)	2,51		2,51	2,51		2,21	2,51	2,51	2,51	2,52	2,47
Multichoix (454 g)	1,54	1,54	1,54	1,54		1,36	1,54	1,54	1,54	1,54	1,52
<b>Milk 2 %</b>											
Lactancia Pur Filter (1 litre)		2,89	2,89		2,39	2,99	2,69	2,89	2,70	2,62	2,76
Lactancia Pur Filter (2 litres)		5,79			4,51		5,45	5,59		4,65	5,20
Natrel Ultra Milk (1 litre)	2,78	2,78			2,78	2,46		2,78			2,72
<b>Milk 3,25 %</b>											
Lactancia Pur Filter (1 litre)		2,89	2,99		2,39		2,85	2,45	2,19		2,63
Lactancia Pur Filter (2 litres)		5,79	5,99		4,51		5,55	5,59	5,60	4,95	5,43
Natrel Ultra Milk (1 litre)	2,90	2,91			2,99	2,27					2,77
<b>Partly skimmed milk 2%</b>											
Grand Pré (1 litre)	2,49	2,49	2,49	2,49	1,99	2,49	2,49	2,49	2,49	2,44	2,44
Grand Pré (case) (12 x 1 litre)	28,38		28,39	29,88			29,88	29,88		28,41	29,14
Grand Pré (case) (24 x 1 litre)		59,76	29,88		31,04	28,69			24,96	59,76	39,01
<b>Processed Cheese Slices</b>											
Kraft Singles (16 slices) (500 g)	6,78	6,49		6,78		5,98	7,77	6,77	6,78	6,78	6,77
Kraft Singles (24 slices) (500 g)	6,25	7,49	7,39		6,82	6,19		7,39			6,92

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<b>5 - Frozen Products</b>											
<b>Batter-coated weiners</b>											
Pogo (4)	4,73	4,76	3,97	4,88	4,53	4,39	4,76	5,28	4,49	4,85	4,66
<b>Chicken Wings</b>											
Schneider's - Barbecue (908 g)	16,40	15,70	14,47	15,70	14,85	12,59	17,20	18,20		16,71	15,75
<b>Fish &amp; Chips</b>											
Highliner (650 g)					5,10						5,10
<b>Fish Sticks</b>											
Highliner (700 g)	7,44	5,89			6,63	5,19			5,89	5,89	6,15
<b>Frozen dinners</b>											
Stouffer's - Chicken Chow Mein (241 g)						4,15	5,19	4,29			4,54
Stouffer's - Pastaria Lasagna Casserole (255 g)						7,49					7,49
Swanson - Fried Chicken (312 g)		5,49	5,99		4,79		4,65	6,19	6,29		5,57
Swanson - Hungry Man Fried Chicken (435 g)	6,49	6,69		6,39	6,65		6,49	6,74		6,49	6,56
Swanson - Hungry Man Salisbury Steak (425 g)	6,06	5,88		6,06	6,03		6,06	5,98		6,06	6,02
<b>Frozen French Fries</b>											
McCain - Supercrisps (1 kg)		4,02	4,51		3,69				3,91		4,03
McCain - Superfries (1,5 kg)		4,33					6,99			5,09	5,47
<b>Frozen Pizzas</b>											
McCain - Deep & Delicious Pepperoni (4) (410 g)	6,01	5,99	5,49	6,01	5,09	5,15	5,95	5,35		6,01	5,67
McCain - Pizza Pockets Pepperoni or Deluxe (400 g)		5,25	5,25	5,30	5,17	4,90	4,99		5,70	5,10	5,21
McCain - Pizza Premiere Deluxe (705 g)	10,18	10,34	9,69	10,18	8,97	9,49	10,09	9,99	10,18	10,12	9,92
<b>Grilled Fillets</b>											
Bluewater (215 g)					4,74	4,42					4,58
<b>6 - Canned meat and meat preparations</b>											
<b>Luncheon meat</b>											
Klik - "Our premium pork" (340 g)	4,08	3,98	4,08	3,93	3,54	3,68	4,03	4,01	4,03	4,08	3,94
<b>Wieners</b>											
Hygrade (450 g)					4,78						4,78
Maple Leaf (450 g)	5,24		4,33		4,39	4,17	5,24	4,72		4,77	4,69
Maple Lodge Farms (smoked chicken flavor) (450 g)			5,24			3,19				3,86	4,10
<b>7 - Fish and other marine products</b>											
<b>Flaked white tuna in water</b>											
Gold Seal (184 g)					2,64						2,64
Ocean's (184 g)	3,69				3,15			2,49			3,11
<b>Sardines</b>											
Brunswick - Canadian sardines in soya oil (106 g)	1,36	1,36	1,32	1,31	1,25	1,23	1,34	1,36	1,39	1,32	1,32

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	<b>8 - Bakery and other cereal products</b>										
<b>Baking Powder</b>											
Blue Ribbon (225 g)	3,87	3,55	3,55	3,99	3,57	3,55	3,52	3,68	3,55	3,59	3,64
Blue Ribbon (450 g)	6,80	6,85	6,91		6,91	5,54	6,57	6,27	6,89	6,95	6,63
Magic (225 g)	4,48	4,24	4,24	4,04	3,91	3,82	4,47	4,44	4,39	4,34	4,23
Magic (450 g)	7,12	6,67	6,47	4,72	5,95	5,99	6,82	7,07	7,12	6,77	6,47
<b>Barge Pilot Biscuits</b>											
Paulin's (450 g)		4,52	4,79		4,64	4,06	4,49	4,59		4,37	4,49
<b>Cookies</b>											
Christie - Chips Ahoy! (400 g)	5,18	5,06	5,09	5,06	5,18	4,68	5,03	5,08	5,03	5,24	5,06
Christie - Favorites (450 g)	5,24	5,33	5,33	5,18	5,35	4,99	5,58	5,33	5,29	5,17	5,28
Christie - Pirate (400 g)	5,18		5,49	5,08	4,99	4,46	5,43	4,76	5,19	5,03	5,07
David - Strawberry Tarts (350 g)	3,78		3,78	3,89	4,37	4,49	3,78	3,78	3,78	3,78	3,94
Leclerc - Wafers (Strawberry or other) (400 g)	3,20	3,20	3,20	3,20	3,20		3,20	3,20	3,20	3,20	3,20
<b>Crackers</b>											
Christie - Premium Plus Crackers (225 g)					2,82	2,49			2,69		2,67
Christie - Premium Plus Crackers (450 g)	4,09	4,08	3,99	3,99	3,98	3,74	3,99	3,99	4,08	4,05	4,00
Christie - Ritz Crackers (250 g)	3,91	3,91	3,91	3,86	3,70	3,52	4,01	3,91	4,26	4,05	3,90
Christie - Ritz Crackers (450 g)	5,88	5,98	5,98	5,96	5,25	5,26	6,38	5,96	5,59	5,96	5,82
<b>Pilot Biscuits</b>											
Marven's - Flaky Pilot Biscuits (350 g)	4,06			4,06			4,01	4,03		4,06	4,04
Paulin's (825 g)	7,89	7,89		7,39	5,99				7,99		7,43
<b>White Bread</b>											
Auger (675 g)	2,28	2,28			2,28	2,01	2,28	2,28	2,28	2,28	2,25
Northern (570 g)	1,99	2,69	2,09	1,99	1,89	1,89	2,19	1,79	2,19		2,08
Pom (675 g)	2,63	2,63			2,63		2,63	2,63	2,63	2,63	2,63
Wonder (675 g)	2,69	2,69	3,19		2,64	2,45	2,79	2,99	3,19		2,83

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<b>9 - Pasta products</b>											
<b>Macaroni</b>											
Catelli (500 g)	2,34	2,09	2,34	2,04	1,99	1,82	2,04	2,04	2,07	2,10	2,09
Catelli (900 g)	3,79	3,28	4,14	3,28	3,64	3,45	3,28	3,28	3,28	3,28	3,47
<b>Macaroni &amp; cheese</b>											
Italpasta (200 g)			1,29	0,89			1,66				1,28
Kraft - Kraft Dinner "Deluxe" (350 g)					3,50	3,79			3,99		3,76
Kraft - Kraft Dinner "The original" (225 g)	1,89	1,73	1,86	1,61	1,64	1,49	1,71	1,71	1,86	1,78	1,73
Multichoix (200 g)	0,98	0,89	0,98	0,98	0,98	0,86	0,98			0,96	0,95
<b>Pasta in Sauce</b>											
Betty Crocker - Hamburger Helper - Beef Noodle (200 g)	3,84	3,83	3,99	3,88	3,51	3,56	3,87	3,84	3,79	4,07	3,81
Chef Boyardee - Beefaroni (425 g)	2,57	2,57	2,57	2,52	2,34	2,28	2,25	2,22	3,24	2,37	2,49
Chef Boyardee - Beefaroni (850 g)	4,89				3,27	4,35			3,68	3,95	4,03
Heinz - Alpha-getti (398 ml)	1,99	2,04	1,99	2,14	1,89	1,80	1,59	1,99	1,94	1,74	1,91
<b>Spaghetti</b>											
Catelli (500 g)	2,94	2,09	2,34	2,39	1,99	1,79	1,99	1,99	2,24	2,11	2,19
Catelli (900 g)		3,99	4,14	3,28	3,47	3,38	3,28	3,28	3,74	3,09	3,51
<b>10 - Cereal grains and other cereal products</b>											
<b>Cake Mix</b>											
Betty Crocker - SuperMoist Cake Mix (510 g)	3,19	2,88	3,39	3,24	2,80	2,87	3,19	2,88	3,09	2,81	3,03
Duncan Hines - MoistDeluxe Cake Mix (515 g)	3,11	3,36	3,41	2,73	2,86	2,64	3,11	2,59	3,01	2,81	2,96
<b>Cereals</b>											
General Mills - Cheerios Cereals (300 g)	4,29	5,90	4,69		4,56	4,09	3,99			4,94	4,64
Kellogg's - Froot Loops Cereals (275 g)	4,95	5,01	5,15	4,75	4,75	4,41	5,25	5,01	4,85	4,94	4,91
Kellogg's - Variety Pack (275 g)	6,11	6,33	6,16	6,33	5,74	5,69	6,11	6,33	6,01	6,33	6,11
Post - Honey Comb Cereals (275 g)	4,99	4,69	5,29	4,99	4,59		4,89	4,99			4,92
<b>Flour</b>											
Five Roses - All-purpose Flour White (10 kg)	18,00	17,98	18,00	20,35	20,00		17,00	22,50	18,50	18,07	18,93
Five Roses - All-purpose Flour White (3,5 kg)	9,82	9,82	9,82	9,81	8,99	9,82	9,82	9,82	9,25	9,88	9,68
Five Roses - All-purpose Flour White (5 kg)	9,99	10,95	8,69		12,49		10,89	11,99	14,99	11,40	11,42
Northern - All-purpose Enriched Flour (10 kg)	31,99			16,99	16,99	24,99		17,99			21,79
Northern - All-purpose Enriched Flour (5 kg)	9,99	7,49			9,99	9,99		9,15	14,99		10,27
<b>Instant Rice</b>											
Dainty - Instant Flavor Rice (Beef, Chinese) (350 g)	2,70	2,40	2,70	2,50	2,15	2,46	2,40	2,70	2,69	2,30	2,50
Kraft - Minute Rice (350 g)	3,13	3,13	3,08	2,98	2,67	2,99	3,08	3,08	3,13	3,05	3,03
Kraft - Minute Rice (700 g)	5,79	7,41	5,39	5,38	5,41	5,07	5,64	5,38	5,69	5,49	5,66
Uncle Ben's - Instant Rice 5 minutes (700 g)	5,89	5,89	5,89	5,89	5,89	3,98	5,89		5,79	5,93	5,67

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	<b>11 - Fruit Juice</b>										
<b>Juice</b>											
Del Monte - Apple Juice (1 litre)						2,99					2,99
Oasis - Apple Juice (960 ml)	2,25	2,98	2,55	2,35	2,54	2,30	2,31	3,05	2,33	2,40	2,51
<b>Juice Boxes</b>											
McCain - Orange juice (juice box) (3 X 250 ml)	1,19	3,49	1,10	2,99	2,97	3,19	1,15	1,19	2,16	1,75	2,12
Rougemont - Juice Box (3 X 250 ml)						1,53			1,73		1,63
<b>12 - Canned fruits and fruit preparations</b>											
<b>Apple Sauce</b>											
Allen's (398 ml)							1,99				1,99
Mott's - Homestyle Apple Sauce (398 ml)	1,91	1,91		1,91			1,37	2,15		1,92	1,86
Mott's - Homestyle Apple Sauce (796 ml)		5,59			5,29	4,19					5,02
Multichoix (398 ml)	1,37	1,37	1,37	1,37	1,37	1,21	1,37	1,37	1,73	1,37	1,39
<b>Fruit Cocktail</b>											
Aylmer (796 ml)						3,99					3,99
Del Monte - Chunky Fruit Cocktail (zip-top can) (284 ml)	1,93		1,93	1,93		1,99	1,93	1,93		1,93	1,94
Multichoix (796 ml)	3,04	3,04	2,85	3,04	3,04		3,04	3,04		3,04	3,02
<b>Fruit cups</b>											
Del Monte - 4 cans (568 ml)	5,10	5,15	5,15	4,45	4,40	4,66	4,65	4,86	5,00	4,64	4,80
Multichoix - 4 cans (568 ml)	3,88	3,88	3,88	3,88	3,65	3,42	3,88	3,88	3,88	3,88	3,81
<b>Mandarine Oranges</b>											
Clover Leaf (284 ml)	2,01	2,01	2,00	2,01	1,86	1,88	2,01	2,01	2,01	1,96	1,98
<b>Peaches</b>											
Del Monte - Peach halves in light syrup (398 ml)	3,09	3,19	2,59		2,99	2,85	2,99		2,49	2,02	2,78
Del Monte - Sliced peaches (398 ml)		3,09	1,99	3,14	2,99	2,89	3,19	2,99	3,09	2,50	2,87
<b>Strawberry Jam</b>											
Habitant - Pure Strawberry Jam (250 ml)	2,90	2,90	4,60	2,90	2,76		2,90		2,90	2,90	3,10
Kraft - Pure Strawberry Jam (250 ml)	3,64	3,64	4,20	3,64	3,26	3,40	3,64	3,71	3,64	3,47	3,62
Kraft - Pure Strawberry Jam (500 ml)	6,38	6,13	6,49	6,49	6,10	5,86	6,79	5,87	6,68	6,08	6,29

1 - Akulivik, Aupaluk, Ivujivik, Quaqtaq, Tasiujaq.

**Table 14 - Price Comparison of 244 Food Products in the villages of Nunavik**

Main Food Product Categories Secondary Food Product Categories Characteristics of Products	Inukjuak	Kangiqsualujuak	Kangirsuk	Kangirsujuak	Kuujuak	Kuujuaraapik	Puvirnituq	Salluit	Umiujaq	Other Villages <sup>1</sup>	Average Village Price
<b>13 - Other vegetables and vegetable preparations</b>											
<b>Canned Stew</b>											
Puritan - Corned Beef Hash (400 g)	3,46	3,39	3,56	3,51	3,30	3,46	3,36	3,41	3,41	3,56	3,44
Puritan - Irish Stew - Zip Top (420 g)					2,99						2,99
Puritan - Meatball Stew (680 g)	4,99	3,99	4,01	3,99	4,07	4,28	3,99		4,50	4,38	4,24
<b>Kernel corn (Canada choice)</b>											
Aylmer (540 ml)					2,99	2,49					2,74
Multichoix (540 ml)		1,44	1,44			1,21					1,36
<b>Mashed potato flakes</b>											
Carnation (350 g)	3,16	3,16	3,21	3,06	2,87	2,88	3,11	3,21	3,11	3,13	3,09
Carnation (500 g)	4,25	4,21	4,21	4,21	3,91	3,72	4,23	4,21	4,20	4,21	4,14
<b>Peas "Canada choice"</b>											
Aylmer (398 ml)	2,19					2,09	2,19	1,89			2,09
Del Monte (398 ml)	1,91	2,22	2,20	2,15	2,07	1,78	2,00	2,20	2,15	1,87	2,05
<b>14 - Condiments, spices and vinegar</b>											
<b>Mayonnaise</b>											
Kraft - Real Mayonnaise (500 ml)	4,64	5,07	4,64	4,64	5,11	4,37	4,67	4,87	5,27	4,59	4,78
Multichoix (500 ml)					2,99					2,67	2,83
<b>Mustard</b>											
French's - Prepared Mustard (250 ml)		2,23			1,89						2,06
French's - Prepared Mustard (500 ml)	2,61	2,71	2,61	3,10		2,72	2,61	2,71	2,71	2,68	2,72
French's - Prepared Mustard Squeezable (250 ml)	2,36	2,21	2,36	2,61	2,39	2,10	2,61	2,36	2,31	2,18	2,35
French's - Prepared Mustard Squeezable (500 ml)		4,39			2,99	3,65	5,25				4,07
<b>Salad Dressing</b>											
Kraft - Miracle Whip (1 litre)					8,79	7,79					8,29
Kraft - Miracle Whip (500 ml)	5,26	4,76	4,99	4,51	4,17	4,25	4,61	4,51	4,79	4,48	4,63
Multichoix (475 ml)	2,63	2,99		2,67	2,67	2,35	2,67	2,67		2,66	2,66
<b>Tomato Ketchup</b>											
Heinz (1 litre)	6,33	5,36	6,18	5,85	5,46	6,17	6,32	6,41	6,19	5,70	5,99
Heinz (375 ml)	3,45	3,43	3,47	3,01	2,80	3,08	2,88	3,01	3,09	2,90	3,11
Multichoix (1 litre)		2,89	2,89		2,89						2,89
<b>15 - Sugar and sugar preparations</b>											
<b>Hot Chocolate Mix</b>											
Carnation - "Rich chocolate" (sachets) (10 x 28 g)	3,22	3,35	3,47	3,32	3,15	2,96	3,51	3,27		3,41	3,29
<b>Natural Granulated Sugar</b>											
Lantic (1 kg)	2,99		2,99	2,99	2,67	2,90	2,95	3,45	3,18		3,01
Lantic (2 kg)	4,37	4,10	4,17	4,07	4,22	4,25	4,22	4,25	4,59	4,45	4,27
Lantic (4 kg)	8,75	8,50	8,50	8,50	8,17	8,25	8,50	8,25	8,50	8,60	8,45
<b>Popsicle</b>											
Good Humor - Assorted Ice Pops (24 x 75 ml)			9,99			13,20	9,99		14,16	21,96	13,86

1 - Akulivik, Aupaluk, Ivujivik, Quaqtaq, Tasiujaq.



**Table 14 - Price Comparison of 244 Food Products in the villages of Nunavik**

Main Food Product Categories Secondary Food Product Categories Characteristics of Products	Inukjuak	Kangiqsuaq	Kangirsuk	Kangirsujuaq	Kuujuuaq	Kuujuaraapik	Puvirnituq	Salluit	Umiujaq	Other Villages <sup>1</sup>	Average Village Price
<b>16 - Coffee and tea</b>											
<b>Ground Coffee</b>											
Maxwell House - Original (300 g)				6,29				6,19		6,77	6,42
Maxwell House (300 g)	6,33	6,63	6,36	6,22	6,19	6,19	6,76	6,77	5,99	6,77	6,42
Multichoix (300 g)									4,53		4,53
Nabob Coffee co. (300 g)	6,63	6,77	6,59	6,22	6,45	5,97	6,77	6,60		6,83	6,54
<b>Instant coffee</b>											
Nescafé (100 g)	9,99	8,21	8,21	8,21	8,25	5,25	8,21	8,00	8,10	8,21	8,06
Nescafé (200 g)		10,49				7,99	11,35				9,94
Taster's choice (150 g)	12,84	12,84		12,84	9,05	11,33	12,42	12,84	11,59	12,84	12,07
<b>Orange Pekoe Tea</b>											
Red Rose (72 bags)	6,61	6,61	6,51	5,89	5,82	5,87	6,81	6,71	5,99	6,55	6,34
Salada (72 bags)	6,61	7,03	5,99	6,41	5,67	6,00	6,86	7,03	6,51	6,86	6,50
Tetley (72 bags)	6,51	6,38	7,03	6,62	6,00	5,79	7,01	6,75	5,99	6,44	6,45
<b>17 - Fats and oils</b>											
<b>Shortening</b>											
Crisco - All Vegetable shortening (454 g)	3,05	3,00	3,20	3,05	3,00	3,05	2,83	3,00	2,95	2,93	3,01
Tenderflake - Pure Lard (454 g)	2,65	2,65	2,70	2,54	2,35	2,50	2,20	2,55	2,65	2,68	2,54
<b>Vegetable Oil</b>											
Crisco (1 litre)	7,39			5,49	5,98		5,09	5,69			5,93
<b>18 - Soup</b>											
<b>Canned Tomato Soup</b>											
Aylmer (284 ml)			1,69	2,19	1,99	1,69			2,29		1,97
Campbell's (284 ml)	1,42	1,20	1,64	1,75	1,23	1,20	1,14	1,20	1,94	1,36	1,41
<b>Dried Soup</b>											
Lipton - Chicken noodle soup mix (2 pouches) (166 g)	2,67	2,41	2,62	2,64	2,22	2,36	2,57	2,55	2,49	2,62	2,51
Lipton - Chicken noodle soup mix (4 pouches) (338 g)	4,86	5,10		4,86	4,21	4,29	4,86	4,86		4,72	4,72
Lipton - Soupworks (110 g)		3,95	4,00		3,24					4,11	3,82
<b>Instant noodles</b>											
Gattuso - Instant snack in a cup (65 g)	1,58	1,27	1,54	1,54	1,33	1,39	1,58	1,58	1,50	1,57	1,49
Mr. Noodles (85 g)	0,49	0,57	0,92	0,54	0,44	1,19	0,57	0,55	1,39	0,54	0,72
Ramen (85 g)					1,09		0,59	0,59			0,76
<b>19 - Infant or junior foods</b>											
<b>Baby food</b>											
Heinz (128 ml)	1,21	1,21	1,21	1,20	1,01	1,04	1,19	1,21	1,36	1,21	1,18
<b>Baby Formula</b>											
Enfalac - "Ready-to-serve" Instant Formula (235 ml)	3,50	3,11	2,92	3,11	3,10	3,08	3,11			3,06	3,12
Enfalac - Infant Formula Liquid Concentrate (385 ml)	4,67	4,05	4,05	4,05	4,15	4,23	5,15	4,05		3,96	4,26
Enfalac - Instant Formula Powder (400 g)		14,17			12,25					14,10	13,51

1 - Akulivik, Aupaluk, Ivujivik, Quaqtuaq, Tasiujaq.

**Table 14 - Price Comparison of 244 Food Products in the villages of Nunavik**

Main Food Product Categories <u>Secondary Food Product Categories</u> Characteristics of Products	Inukjuak	Kangiqsuaqjuq	Kangirsuk	Kangirsujuq	Kuujuq	Kuujuaraapik	Puvirnituq	Salluit	Umiujaq	Other Villages <sup>1</sup>	Average Village Price
	<b>20 - Other food preparations</b>										
<b>Coffee Whitener</b>											
Camation - Coffee Mate Coffee Whitener (250 g)	4,11	4,11	5,99	4,26	3,52	3,72	4,11	5,21	5,11	4,22	4,43
Camation - Coffee Mate Coffee Whitener (500 g)	6,02	5,82	5,74	5,74	5,64	5,38	5,72	5,74	5,74	5,65	5,72
Northern (1 kg)	6,49	6,49		6,99	5,99	8,59	5,35				6,65
Northern (500 g)	4,39	4,39	4,49	3,99	4,29	4,05	4,39	4,39	4,79		4,35
<b>Fruit Drink Crystals</b>											
Kool-Aid - Sugar sweetened drink mix (135 g)	1,18	1,38	1,38	1,38	1,30	1,31	1,39	1,43	1,39	1,47	1,36
Kool-Aid - Sugar sweetened drink mix (600 g)		5,39			4,99						5,19
Northern - Strawberry drink crystals (500 g)		3,99	3,59		3,57		2,99		3,79		3,59
Tang - Orange flavor crystals (276 g)	2,09	1,68	1,67	1,84	2,00	1,64	2,05	1,67	2,34	1,82	1,88
Tang - Orange flavor crystals (613 g)	5,09	5,24	5,09	5,09	5,24	4,65	5,09	5,09	5,09	5,14	5,08
<b>Instant Pudding</b>											
Jell-O (106 g)					1,49						1,49
Jell-O (170 g)					1,57	2,37	2,40	1,98	1,39		1,94
<b>Jelly Powder</b>											
Jell-O (85 g)	1,06	1,01	1,01	1,16	0,92	0,90	1,11	1,19	1,01	0,95	1,03
<b>Microwave Popping Corn</b>											
Orville Redenbacher's (3 X 99 g)	4,13	3,96	4,49	4,28	4,04	3,94	4,48	3,96	4,49	4,00	4,18
<b>Peanut Butter</b>											
Golden Boy (500 g)	3,99			4,50	4,49	3,39					4,09
Kraft (500 g)	5,27	5,14	5,12	5,12	4,70	4,77	5,87	5,09	5,54	5,13	5,17
Multichoix (500 g)	3,09	3,09		3,09	3,09	2,73	3,09	3,09	3,09	3,16	3,06
Skippy (500 g)	5,67	5,45	5,43	5,45	4,70	4,09	6,08	5,22	5,45	5,35	5,29
Squirrel (500 g)	5,42	5,07	5,22	5,22	4,44	4,90	5,07	4,91	5,39	4,96	5,06
<b>Potato Chips</b>											
Econochoice (170 g)					1,99						1,99
Humpty Dumpty - Doodles Cheese Sticks (190 g)	2,82	2,75	3,99	2,99	2,99	2,99	3,12	3,39	2,99	4,50	3,25
Humpty Dumpty - Doodles Cheese Sticks (320 g)					3,99				2,99		3,49
Humpty Dumpty - Regular Premium Chips (170 g)	3,39	3,35	3,12	3,07	2,89	2,99	3,49	3,39	2,64	3,38	3,17
Humpty Dumpty - Regular Premium Chips (340 g)									2,99		2,99
Multichoix (170 g)	2,25	2,75		2,25	2,45	2,25	2,25	2,25		2,25	2,34
Pringles (190 g)	3,38	3,31		3,06	3,61		3,16	3,48	3,06	3,14	3,27

1 - Akulivik, Aupaluk, Ivujivik, Quaqtaq, Tasiujaq.

**Table 14 - Price Comparison of 244 Food Products in the villages of Nunavik**

Main Food Product Categories Secondary Food Product Categories Characteristics of Products	Inukjuak	Kangiqsuajujaq	Kangirsuk	Kangirsujuq	Kuujuaq	Kuujuaapik	Puvirnituq	Salluit	Umujaq	Other Villages <sup>1</sup>	Average Village Price
	<b>21 - Non-alcoholic beverages</b>										
<b>Fruit Drinks</b>											
Fruité - Drink (Grape) (2 litres)	3,43	3,43	4,22	3,44	3,80		3,54	3,43		3,43	3,59
McCain - Frozen Fruit Punch (Orange) (355 ml)	1,81	1,71	2,06	1,72	1,95		1,71	2,06		2,06	1,88
Sunny Delight - Citrus Beverage Florida Style (200 ml)	0,73	1,02			0,81		0,73	0,89	1,01	0,73	0,84
Sunny Delight - Citrus Beverage Florida Style (547 ml)	2,75	2,29			2,08						2,37
<b>Soft Drinks</b>											
Coke - 1 can (355 ml)	1,45	1,37	1,35	1,40	1,25	1,38	1,38	1,41	1,64	1,47	1,41
Coke - Case (24 cans) (355 ml)	32,76	32,88	32,10	33,36	29,88	30,48		33,36	32,49	35,59	32,54
Coke (2 litres)					4,50	4,99				4,50	4,66
Multichoix - 1 can (355 ml)	1,25						1,25	1,28			1,26
Multichoix (2 litres)	4,50						3,50				4,00
Northern - 1 can (355 ml)					1,00						1,00
Northern (2 litres)					5,99						5,99
Pepsi - 1 can (355 ml)	1,40	1,37	1,35	1,40	1,25	1,38	1,38	1,41	1,64	1,47	1,40
Pepsi - Case (24 cans) (355 ml)	30,29	32,88	32,10	33,36	29,88	30,48		33,36	32,49	35,59	32,27
Pepsi (2 litres)	4,50				5,00	4,99			6,99	4,50	5,20
<b>Average</b>	<b>5,14</b>	<b>5,33</b>	<b>5,35</b>	<b>5,10</b>	<b>4,86</b>	<b>4,89</b>	<b>4,52</b>	<b>4,97</b>	<b>5,30</b>	<b>5,50</b>	<b>5,09</b>
<b>Comparison between villages (average = 100)</b>	<b>100,8</b>	<b>104,6</b>	<b>105,0</b>	<b>100,1</b>	<b>95,3</b>	<b>95,9</b>	<b>88,7</b>	<b>97,6</b>	<b>104,0</b>	<b>107,9</b>	<b>100,0</b>

1 - Akulivik, Aupaluk, Ivujivik, Quaqtaq, Tasiujaq.

**Table 15 - Price Comparison of 23 Household Products in the villages of Nunavik**

Main Household Product Categories Secondary Household Product Categories Characteristics of Products	Inukjuak	Kangiqsualuujuaq	Kangirsuk	Kangirsujuaq	Kuujuaq	Kuujuaaraapik	Puvirnituq	Salluit	Umiujaq	Other Villages <sup>1</sup>	Average Village Price
<b>23 - Cleaning Products</b>											
<b>Bleach</b>											
Javex (1,8 litres)	3,90	2,81	2,81	2,81	3,98	5,49	3,23	3,19	2,99	3,68	3,49
Javex (3,6 litres)	6,90	4,80	4,80	4,73	5,81	6,96	4,80	4,80	4,99	4,74	5,33
<b>Dishwashing Liquid</b>											
Sunlight (500 ml)	3,49	3,16	3,41	2,76	3,35	2,84	2,83	2,76	3,39	2,80	3,08
Sunlight (950 ml)	5,48	4,76	4,76	4,76	4,83	4,88	4,76	4,76	5,99	4,43	4,94
<b>Disinfecting Cleaner</b>											
Comet (400 g)	2,09	2,19	2,19	2,54	1,91	1,99	2,05	2,29	2,19	1,62	2,11
<b>Fabric Softener</b>											
Bounce (25 sheets)	4,31	4,20	4,05	3,95	4,20	3,99	4,30	4,10	4,31	4,31	4,17
Bounce (40 sheets)	4,93	4,86	4,93	5,46	4,61	4,50	4,76	4,96	4,86	5,03	4,89
<b>Glass Cleaner</b>											
Johnson's - Windex Glass Cleaner with Amonia-D (765 ml)		4,90		5,41	5,54	5,89					5,44
Johnson's - Windex Glass Cleaner with Amonia-D (950 ml)		4,85				6,52					5,69
<b>Powder Detergent</b>											
ABC (2,2 kg)	11,79	8,78	9,05	8,78	10,89	8,78	8,78	10,42	10,52	10,31	9,81
Sunlight (2 litres)	4,32	4,71	4,32	4,54	4,66	4,65	4,31	4,32	4,39	4,32	4,45

1 - Akulivik, Aupaluk, Ivujivik, Quaqtaq, Tasiujaq.